

40 Biblical Affirmations To Strengthen Yourself In The Lord

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Biblical Affirmations

And do not be conformed to this world [any longer with its superficial values and customs], but be transformed and progressively changed [as you mature spiritually] by the renewing of your mind [focusing on godly values and ethical attitudes], so that you may prove [for yourselves] what the will of God is, that which is good and acceptable and perfect [in His plan and purpose for you]. – Romans 12:2 AMP

Biblical Affirmations for Strength

BIBLE AFFIRMATION: I am strong and full of courage. The Lord always goes before me. Deuteronomy 31:6 NIV – 6 Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you.”

BIBLE AFFIRMATION: My strength comes from God and He will defend me. Exodus 15:2 NIV – 2 “The LORD is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father’s God, and I will exalt him.

BIBLE AFFIRMATION: God is fighting my battles and I will be victorious. Deuteronomy 20:4 NIV – 4 For the LORD your God is the one who goes with you to fight for you against your enemies to give you victory.”

BIBLE AFFIRMATION: Through the Holy Spirit I walk in power, love, and self-discipline. 2 Timothy 1:7 NIV – 7 For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

BIBLE AFFIRMATION: I am upheld by God and need not fear. Isaiah 41:10 NIV – 10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

BIBLE AFFIRMATION: I am strong and courageous Joshua 1:9 NIV – 9 Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.”

BIBLE AFFIRMATION: God will renew my strength and I will have the endurance to keep going. Isaiah 40:31 NIV – 31 but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Biblical Affirmations for Self Esteem

BIBLE AFFIRMATION: I am fearfully and wonderfully made.

Psalm 139:14 NIV – 14 I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

BIBLE AFFIRMATION: God is for me.

Romans 8:31 NIV – 31 What, then, shall we say in response to these things? If God is for us, who can be against us?

BIBLE AFFIRMATION: God is doing a good work in me.

Philippians 1:6 NIV – 6 being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

BIBLE AFFIRMATION: God created me and knows me.

Psalm 139:13 NIV – 13 For you created my inmost being; you knit me together in my mother's womb.

BIBLE AFFIRMATION: My past no longer has power over me.

2 Corinthians 5:17 NIV – 17 Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

BIBLE AFFIRMATION: I have victory through Jesus.

1 Corinthians 15:57 NIV – 57 But thanks be to God! He gives us the victory through our Lord Jesus Christ.

BIBLE AFFIRMATION: I am made perfect through Christ.

2 Corinthians 12:9 NIV – 9 But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.

Biblical Affirmations for Anxiety

BIBLE AFFIRMATION: I can walk confidently today because God's love is for me.

1 John 4:18 NIV – 18 There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.

BIBLE AFFIRMATION: I walk in power, love, and self-discipline.

2 Timothy 1:7 NIV – 7 For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

BIBLE AFFIRMATION: God has my back and I am strong because of Him.

Isaiah 35:4 NIV – 4 say to those with fearful hearts, "Be strong, do not fear; your God will come, he will come with vengeance; with divine retribution he will come to save you."

BIBLE AFFIRMATION: Nothing can separate me from the God's love.

Romans 8:38-39 NIV – 38 For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, 39 neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

BIBLE AFFIRMATION: God will make my paths straight.

Proverbs 3:5-6 NIV – 5 Trust in the LORD with all your heart and lean not on your own understanding; 6 in all your ways submit to him, and he will make your paths straight.

BIBLE AFFIRMATION: I do not need to worry about my life.

Luke 12:22 NIV – 22 Then Jesus said to his disciples: “Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear.

Bible Affirmations for Healing

BIBLE AFFIRMATION: God will restore my health.

Jeremiah 30:17 NIV – 17 But I will restore you to health and heal your wounds,’ declares the LORD, ‘because you are called an outcast, Zion for whom no one cares.’

BIBLE AFFIRMATION: God will meet all my needs.

Philippians 4:19 NIV – 19 And my God will meet all your needs according to the riches of his glory in Christ Jesus.

BIBLE AFFIRMATION: By His stripes I am healed.

1 Peter 2:24 NIV – 24 “He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.”

BIBLE AFFIRMATION: I will have good health

3 John 1:2 ESV – 2 Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.

BIBLE AFFIRMATION: I am healed and saved by the Lord.

Jeremiah 17:14 NIV – 14 Heal me, LORD, and I will be healed; save me and I will be saved, for you are the one I praise.

Bible Affirmations for Success

BIBLE AFFIRMATION: God will guide me and establish my plans

Proverbs 16:3 NIV – 3 Commit to the LORD whatever you do, and he will establish your plans.

BIBLE AFFIRMATION: God will give me the desires of my heart

Psalms 37:4 NIV – 4 Take delight in the LORD, and he will give you the desires of your heart.

BIBLE AFFIRMATION: God will lift me up.

James 4:10 NIV – 10 Humble yourselves before the Lord, and he will lift you up.

BIBLE AFFIRMATION: God has plans to prosper me.

Jeremiah 29:11 NIV – 11 For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.

BIBLE AFFIRMATION: I’m being transformed by the renewing of my mind.

Romans 12:2 NIV – 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.

I Am Affirmations from the Bible

BIBLE AFFIRMATION: I am a saint.

1 Corinthians 1:2 NKJV – To the church of God which is at Corinth, to those who are sanctified in Christ Jesus, called *to be* saints, with all who in every place call on the name of Jesus Christ our Lord, both theirs and ours:

BIBLE AFFIRMATION: I am forgiven.

Ephesians 1:7 NIV – 7 In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace

BIBLE AFFIRMATION: I am victorious.

1 Corinthians 15:57 NIV – 57 But thanks be to God! He gives us the victory through our Lord Jesus Christ.

BIBLE AFFIRMATION: I am alive to God in Christ Jesus.

Romans 6:11 NIV – In the same way, count yourselves dead to sin but alive to God in Christ Jesus.

BIBLE AFFIRMATION: I am a child of God.

John 1:12 NIV – 12 Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God-

BIBLE AFFIRMATION: I am blessed.

Ephesians 1:3 NIV – 3 Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.

BIBLE AFFIRMATION: I am precious in God’s sight.

Isaiah 43:4 NIV – 4 Since you are precious and honored in my sight, and because I love you, I will give people in exchange for you, nations in exchange for your life.

BIBLE AFFIRMATION: I am wonderful.

Psalm 139:14 NIV – 14 I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

BIBLE AFFIRMATION: I am blameless.

Ephesians 1:4 NIV – 4 For he chose us in him before the creation of the world to be holy and blameless in his sight.
